

County of Santa Clara Health Advisory Commission



DATE: November 19, 2025, Regular Meeting
TIME: 6:30 PM
PLACE: Isaac Newton Senter Auditorium
70 West Hedding Street
San Jose, CA 95110

This meeting will be held in person. Currently, members of the public may also view or participate in the meeting remotely via video conference or by telephone. To attend the meeting remotely, please review the Public Comment Instructions below, then access the video conference at <https://sccgov-org.zoom.us/j/83754609067> (recommended) or via telephone at (669) 219-2599 meeting ID 837 5460 9067 (participant ID not required).

Further instructions for viewing the meeting via online stream or participating remotely via video conference will be posted online at: www.sccgov.org/bosmeeting

AGENDA PACKET

- In compliance with the Americans with Disabilities Act and the Brown Act, persons requiring accommodations should notify the Office of the Clerk of the Board of Supervisors at least 24 hours prior to the meeting at (408) 299-5001.
- Supporting documents are available for review at sccgov.iqm2.com and in the Office of the Clerk of the Board of Supervisors three business days before the meeting.
- Any disclosable public records relating to an open session item on a regular meeting agenda and distributed by the County to all or a majority of the Board of Supervisors (or any other commission, board, or committee) less than 72 hours prior to the meeting are available for public inspection at the Office of the Clerk of the Board of Supervisors, 70 West Hedding Street, 10th Floor, San Jose, during normal business hours.
- Commute Alternatives: The Board of Supervisors encourages the use of commute alternatives, including public transit, bicycles, carpooling, and hybrid vehicles. Public transit access is available to and from the County Government Center, 70 West Hedding Street, San Jose, by VTA Light Rail and bus line 61. Bicycle parking racks are available in the James McEntee, Sr., Plaza in front of the County Government Center building. For schedules and trip planning information, visit www.vta.org or contact the VTA Customer Service Department at (408) 321-2300, Monday through Friday from 6:00 a.m. to 7:00 p.m. and Saturday from 7:30 a.m. to 4:00 p.m. If this meeting body does not meet in the County Government Center, please contact VTA for related routes.

Public Comment Instructions

Members of the public may provide public comments at this meeting as follows:

- **Written public comments** may be submitted at the meeting or by email to bnc@cob.sccgov.org. Written comments will be distributed to the Commission as quickly as possible. Please note that it may take up to one business day for documents to be posted to the agenda outline.
- **Spoken public comments** may be provided to the Commission in the meeting room. Persons who wish to address the Commission on an item scheduled on the Regular Agenda are requested to complete a Request to Speak Form and give it to the Clerk for the purpose of the record (Government Code Section 54953.3). Request to Speak Forms must be submitted prior to the start of public comment for the desired item. For items on the Consent Calendar or added to the Consent Calendar, Request to Speak Forms must be submitted prior to the call for public comment on the Consent Calendar. Individual speakers will be called to speak in turn. Speakers are requested to limit their comments to the time specified by the Chairperson. Groups of speakers on a specific item are asked to limit their total presentation to a maximum of 20 minutes for each side of the issue.

NOTE: The Chairperson may limit the number or duration of speakers on a matter (Rules of the Board, Section 18).

- **Spoken public comments** may also be provided remotely through the teleconference meeting. To address the Commission, click on the link above to access the Zoom-based meeting. Please read the following instructions carefully.
 1. You may download Zoom Client (for the best experience) or connect to the meeting in your browser. If using your browser, make sure it is current and up-to-date: Chrome, Firefox, Microsoft Edge, or Safari must be within two versions of their latest update. Certain functionality may be disabled in older browsers, including Internet Explorer.
 2. Upon entering the meeting, Zoom will prompt you to provide your email address and name. The Clerk requests that you identify yourself by a name. This will be visible to staff online and used to verbally notify you when it is your turn to speak.
 3. For Zoom Client or browser attendees, please navigate to the microphone icon to test, and ensure your speakers and microphone are working correctly.
 4. To request to speak, please wait for the Chairperson to call for the item on which you wish to speak.
 - a. For Zoom Client or browser attendees, click the “raise hand” button to request to speak. You will be asked to unmute yourself when your name is called.
 - b. For call-in attendees, press *9 to request to speak. The Clerk will call you by your number when it is your turn to speak. Press *6 to unmute when prompted.
 5. When called to speak, please limit your remarks to the time limit allotted.
- NOTE: In the event that there are technical problems or disruptions that prevent remote public participation, the Chairperson has the discretion to continue the meeting without remote public participation, provided that no member of the Commission is participating in the meeting via teleconference.
- Applicants and appellants who are parties to a public hearing before the meeting body may request to use County resources to present audiovisual materials as part of the hearing. Such materials must be provided to the Office of the Clerk of the Board of Supervisors at least two business days in advance of the meeting. The County does not grant any additional time for the presentation of audiovisual materials, and does not guarantee the ability to use County resources to present audiovisual materials. Consistent with meeting management practices at Board of Supervisors meetings, the use of County resources to present audiovisual materials is currently limited to parties to public hearings.

Opening

1. Call to Order/Roll Call.
2. Public Comment.

This item is reserved for persons desiring to address the Commission on any matter within the subject matter jurisdiction of the Commission that is not on this agenda. Members of the public who wish to address the Commission on any item not listed on the agenda should request to speak at this time as noted above in the Public Comment Instructions. Individuals will be called to speak in turn.

Speakers are limited to the following: three minutes if the Chairperson or designee determines that five or fewer persons wish to address the Commission; two minutes if the Chairperson or designee determines that between six and fourteen persons wish to address the Commission; and one minute if the Chairperson or designee determines that fifteen or more persons wish to address the Commission. The law does not permit Commission action or extended discussion of any items not on the agenda except under special circumstances. If Commission action or response is requested, the Commission may place the matter on a future agenda.

3. Approve Consent Calendar and changes to the Commission agenda.

Items removed from the Consent Calendar will be considered at the end of the Regular Agenda for discussion, or earlier at the discretion of the Chairperson. The Commission may also add items on the Regular Agenda to the Consent Calendar.

Notice to the public: There is no separate discussion of Consent Calendar items, and the recommended actions are voted on in one motion. If an item is approved on the consent vote, the specific action listed in the agenda is approved. Members of the public who wish to address the Commission on any Consent Calendar items should request to speak at this time. Each speaker is limited to up to two minutes total, as determined by the Chairperson.

Regular Agenda - Items for Discussion

4. Receive report relating to Public Health Department Updates. (Rudman)
5. Receive report relating to the October 17, 2025 Health and Hospital Committee meeting. (Horowitz)
6. Receive Committee reports:
 - a. Dental Care Ad Hoc Committee.
 - b. Newly Emerging and Existing Infectious Diseases Ad Hoc Committee.
 - c. Heavy Metal Exposure and Poisoning Ad Hoc Committee.
 - d. Chronic Disease, Functional and Integrative Medicine Ad Hoc Committee.
 - e. Bylaws Revision Ad Hoc Committee.
7. Receive verbal report relating to Medi-Cal Managed Care System and provide recommendations, if any.
8. Discuss and approve extension of the Bylaws Revision Ad Hoc Committee with an end date of December 31, 2026.
9. Propose future agenda items.

Announcements

10. Announcements and correspondence:

This item is reserved for brief announcements of matters of interest to the Commission. Discussion among Commissioners should be limited to procedural matters such as scheduling items for future consideration.

- a. Chairperson announcements.
- b. Commissioner announcements.
- c. There are currently three vacancies on the Commission. For internet access to the vacancies list and applications, visit <https://cob.santaclaracounty.gov/boards-and-commissions/apply-serve-county-boards-and-commissions>.
- d. The County of Santa Clara provides reimbursement to appointed Commissioners for family care expenses incurred during the time spent performing their official County duties. For additional information please contact the Office of the Clerk of the Board of Supervisors at (408) 299-5001.

- e. Receive correspondence, if any.

Consent Calendar

11. Approve Health Advisory Commission meeting schedule for Calendar Year 2026. (ID# 126382)
12. Approve minutes of the September 17, 2025 Regular Meeting.

Adjourn

13. Adjourn. Pending approval, the next regular meeting is scheduled for Wednesday, January 21, 2026 at 6:30 p.m. in the Isaac Newton Senter Auditorium, 70 West Hedding Street, San Jose.

**County of Santa Clara
Health Advisory Commission**



126382

DATE: November 19, 2025
TO: Health Advisory Commission
FROM: Aurora Lopez, Deputy Clerk
SUBJECT: Approve Calendar Year 2026 Meeting Schedule

RECOMMENDED ACTION

Approve Health Advisory Commission meeting schedule for Calendar Year 2026.

ATTACHMENTS:

- Health Advisory Commission Meeting 2026 Meeting Schedule (PDF)

Health Advisory Commission

2026 Meeting Schedule

Meetings are typically held on the third Wednesday of odd months at 6:30 p.m. in Conference Room 157, County Government Center, 70 W. Hedding Street, San Jose, CA 95110.

January 21, 2026

March 18, 2026

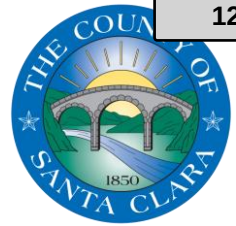
May 20, 2026

July 15, 2026

September 16, 2026

November 18, 2026

County of Santa Clara Health Advisory Commission



DATE: September 17, 2025, Regular Meeting
TIME: 7:30 PM
PLACE: Conference Room 157
 70 West Hedding Street
 San Jose, CA 95110

MINUTES

Opening

1. Call to Order/Roll Call.

Chairperson Rodgers called the meeting to order at 7:31 p.m. A quorum was present.

Attendee Name	Title	Status	Arrived
Randal Pham	Commissioner	Present	
Tabassum Pren	Commissioner	Present	
Donald Barr	Commissioner	Absent	
Manuel Bettencourt	Commissioner	Absent	
Kenneth Horowitz	Commissioner	Present	
Mike Rodgers	Vice Chairperson	Present	
Anirudh Sreekrishnan	Commissioner	Present	
Elinor Stetson	Chairperson	Present	

2. Public Comment.

No public comments were received.

3. Approve Consent Calendar and changes to the Commission agenda.

3 RESULT: APPROVED [6 TO 0]

MOVER: Anirudh Sreekrishnan, Commissioner

SECONDER: Elinor Stetson, Chairperson

AYES: Pham, Pren, Horowitz, Rodgers, Sreekrishnan, Stetson

ABSENT: Barr, Bettencourt

Regular Agenda - Items for Discussion

4. Receive report relating to Stanford Diabetes Care and Diabetes Prevention programs and current studies in progress (Simos). (ID# 126240)

Anna Simos, Program Manager, Diabetes Education and Prevention Program, Stanford Medicine, provided information relating to the Diabetes Education and Prevention Program, including the focus regarding identifying root causes of diabetes and

optimizing outcomes through a patient-centered model of care, program structure, and targeted services. She provided an overview of the program services for individuals with diabetes, including diabetes education group education, one-on-one training, monthly webinar series, and online resources. Ms. Simos advised of the program success and overview of results.

In response to an inquiry by Commissioner Horowitz, Ms. Simos stated that once individuals complete the program, staff continue to perform outreach and provide a personalized diabetes wellness report.

In response to inquiries by Commissioner Pren, Ms. Simos stated that all the participants in the program had elevated A1C levels of at least 8 percent and that the program consist of various providers, including diabetes educators, Registered Dietitians, and National Diabetes Prevention coaches.

In response to an inquiry by Chairperson Rodgers, Ms. Simos stated that cohorts consist of twelve or less individuals and that they all receive personalized nutritional guidance.

In response to an inquiry by Vice Chairperson Stetson, Ms. Simos stated that 23 percent of patients utilize Medicaid.

Ms. Simos provided an overview of preventative services, including group education workshops, individual education workshops, and ongoing one-on-one support.

In response to inquiries by Commissioner Pham, Ms. Simos advised that Stanford supports uninsured patients and provided information relating to billing practices and support provided to patients to navigate insurance payments.

Ms. Simos advised of current initiatives relating to culturally competent care.

In response to an inquiry by Vice Chairperson Stetson, Ms. Simos stated that low-literacy materials are provided.

Ms. Simos provided information relating to enhancements to the outreach process for limited English-proficient and Spanish-speaking patients.

In response to an inquiry by Chairperson Rodgers, Ms. Simos stated that her team is exploring collaboration opportunities with Santa Clara Valley Health Plan to support recently discharged diabetes patients.

Discussion ensued relating to services offered for discharged patients with comorbidities and other collaboration opportunities.

Chairperson Rodgers requested that the Chronic Disease, Functional and Integrative Medicine Ad Hoc Committee investigate and provide information relating to studies regarding individuals previously diagnosed with diabetes prior to arriving at hospitals.

4 RESULT: RECEIVED

5. Receive report relating to the August 20, 2025 Health and Hospital Committee meeting(s). (Horowitz) (ID# 126207)

Commissioner Horowitz suggested that the Commission review the Public Health Department report presented at the August 20th, 2025 Health and Hospital Committee meeting.

5 RESULT: RECEIVED

6. Receive Committee reports:

a. Dental Care Ad Hoc Committee.

No report was received.

b. Newly Emerging and Existing Infectious Diseases Ad Hoc Committee.

Commissioner Pham reported that he met with Paul Lorenz, Chief Executive Officer, Santa Clara Valley Healthcare, relating to eye infections linked to eye drops manufactured in India. He stated that the next step is to connect the Department of Ophthalmology with the Santa Clara Family Health Plan Pharmacy and Therapeutics Committee, and further advised of ongoing coordination with liaisons from the California Medical Association, the American Academy of Ophthalmology, and the US. Pharmacopeia.

6.b RESULT: RECEIVED

c. Heavy Metal Exposure and Poisoning Ad Hoc Committee.

Vice Chairperson Stetson stated that she has scheduled meetings with Peninsula Open Space relating to signage, ticks, and the Sierra Fund.

6.c RESULT: RECEIVED

d. Chronic Disease, Functional and Integrative Medicine Ad Hoc Committee.

Chairperson Rodgers advised of scheduled meetings with Dr. Steven Chen, Recipe for Health program.

6.d RESULT: RECEIVED

7. Discuss legislative bills relating to nutrition and recommend actions, if any.

Commissioner Horowitz provided information relating to Assembly Bill (AB) 1264 and AB 1975, including background information and status within the State Legislature. He stated that he is working on a bill relating to dental-care.

7 RESULT: RECEIVED

8. Propose future agenda items.

Commissioner Pham proposed an agenda item relating to patient access to providers under the new Medi-Cal Managed Care System.

Announcements

9. Announcements and correspondence:

a. Chairperson announcements.

Chairperson Rodgers made no announcements.

b. Commissioner announcements.

Commissioner Horowitz announced that the next Emergency Care Committee is scheduled for November 20, 2025.

c. There are currently three vacancies on the Commission. For internet access to the vacancies list and applications, visit www.sccgov.org/vacancies.

d. The County of Santa Clara provides reimbursement to appointed Commissioners for family care expenses incurred during the time spent performing their official County duties. For additional information please contact the Office of the Clerk of the Board of Supervisors at (408) 299-5001.

e. Receive correspondence, if any.

No correspondence was received.

Consent Calendar

10. Approve minutes of the July 16, 2025 Regular Meeting.

10 RESULT: APPROVED [6 TO 0]

MOVER: Anirudh Sreekrishnan, Commissioner

SECONDER: Elinor Stetson, Chairperson

AYES: Pham, Pren, Horowitz, Rodgers, Sreekrishnan, Stetson

ABSENT: Barr, Bettencourt

Adjourn

11. Adjourn. The next regular meeting is scheduled for Wednesday, November 19, 2025 at 6:30 p.m. in the Isaac Newton Senter Auditorium, 70 West Hedding Street, San Jose.

Chairperson Rodgers adjourned the meeting at 8:45 p.m.

Respectfully submitted,

Aurora Lopez,
Deputy Clerk